Volleyball tryout observation worksheet

An original coaching aid: fictional example plus a blank adaptable record. Not an official selection form or a medical assessment.

Worked record — fictional player P07

Purpose: observe current receiving control and response to one explanation; this is not a final roster decision. Group: twelve players, one court, two observers. Use the organization’s announced criteria and explain the task before beginning.

Task: receive six controlled feeds toward a catcher. Round 1: two playable contacts from six attempts. Feed stayed reachable and predictable. Cue: move early, then direct the platform toward the catcher. Round 2 with comparable feeds: four playable contacts from six attempts.

Observation: the player used the agreed hand signal before taking the ball. Record it as useful communication; do not score loudness, accent or eye contact. Small game: only one receiving opportunity, so mark game evidence insufficient.

Next observation: provide another receiving round with actual serves and a second observer. Keep the easier-feed record separate. Feedback: “Your controlled contacts improved after the cue; next we will check your early movement with a serve.” This example is invented, not player data.

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Your blank record — keep personal details private

Date / group / session purpose: _____

Player code / observer / second observer: _____

Announced criterion and task: _____

Feed / difficulty / role / agreed adaptation: _____

Round 1: opportunities _____ observed action _____

One explanation or cue: _____

Round 2: opportunities _____ observed action _____

Communication agreed with player: _____

Different conditions or missing evidence: _____

Second observer’s evidence / disagreement to resolve: _____

Current task label: supported / developing / repeatable / not observed.

Next observation and date: _____

Private feedback: one observed strength and one practice focus: _____

Decision made by / communicated when / approved record storage: _____

Do not convert missing opportunities into zeros or sum labels into an automatic ranking. Follow your organization’s retention and access rules.